**CONSULTATION TEAM MINUTES**

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| Date: |  |
| Team leader (Dr. . . .): |  |
| Meeting leader (agenda, time management, dialectical agreement): |  |
| Observer (last week’s meeting leader; notes unresolved dialectics, anyone “overly fragile,” judgment/non-compassion, defensiveness, non-mindfulness, solutions before assessment, DBT-violating recommendations, team leader doing rather than teaching): |  |
| Note taker (next week’s meeting leader; take and share minutes): |  |
| Consultation members present (participate; consult by defining problem and assessing it behaviorally, suggest strategies flowing therefrom, and check whether more help needed; give feedback/coach; assist observer; validate members sharing/processing) | |
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| Members late: | |
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| Behavioral analysis of late members: | |
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| Beginning mindfulness activity: |  | | |
| One team agreement read: |  | | |
| Approval of prior minutes | | (Y/N) |  |
| Agenda collaboratively set | | (Y/N) |  |
| Group updates: | | | |
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| Priority clients with life- and freedom-interfering behaviors: |
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| Clients with therapy-interfering behaviors: |
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| Clients with more serious quality-of-life behaviors: |
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| Urgent therapist requests for help: |
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| Out-of-town dates/requests for backup: |
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| Effective behaviors of clients and therapists: |
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| Team interfering behavior: |
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| Therapy-interfering behaviors of therapists (out-of-adherence; don’t know what to do next; judgmental/non-dialectical/willful stance or attitude; burnout and problems with limits; out-of-compliance paper work, notes, documentation): |
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| Topics unaddressed due to time: |
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| Issues/agreements for follow-up at next meeting: |
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| Ending mindfulness/teaching activity: |  |